



December 2025 Newsletter

20 years of Funding and Facilitating International ME research

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Christmas Cards 2025

This year we have four designs of Christmas cards available.

Each pack consists of 10 cards and envelopes, and each pack costs just £3 - and that includes postage to UK mainland addresses.

Also available are stickers that can be used on envelopes

[Read more](#)



Young EMERG Workshop Vienna

The Young EMERG International ME Workshop in Vienna, Austria - #YEVVienna202 - was another great success for the group. Thie event took place over two days at the Medical University of Vienna.



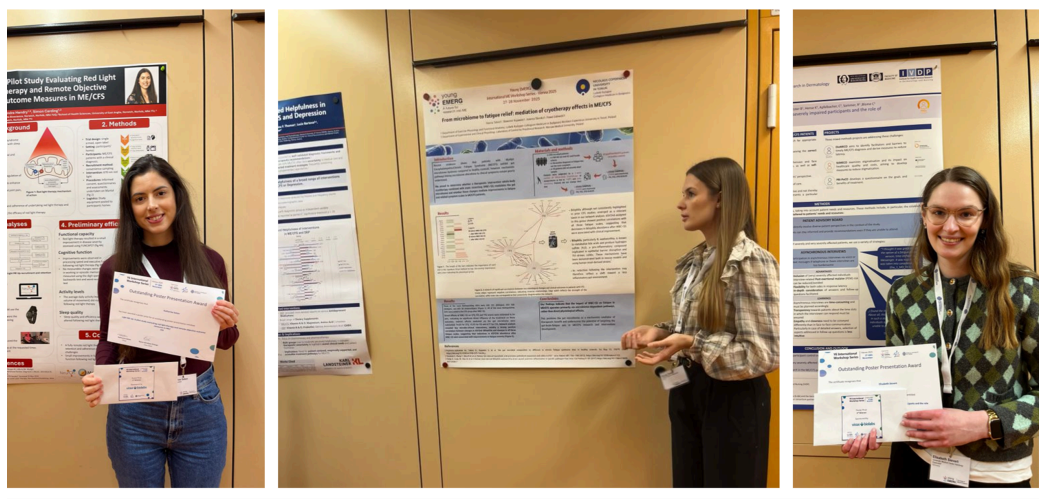
Our liMER workshop grant awardees (left) - Jordan (UK), Aline (Netherlands) and Hanna (Poland) are pictured here.

They will provide some feedback soon regarding their experiences

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The workshop included poster presentations and awards - evaluated by an independent jury. Congratulations to the winners (below):

- 1 Katharine Seton
- 2 Hanna Tabisz
- 3 Elisabeth Sievert



In the evenings the Young EMERG committee had arranged social events to encourage collaboration and teamwork. Here, below, are some of the group - seemingly having a dreadful time at one of Vienna's Christmas markets!



Next we look forward to the UK and 25-26 May for another international workshop.

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IIMER Presentation for Serbian Symposium

As part of the European ME Alliance, and supporter of the European ME Research Group (EMERG), Invest in ME Research was recently invited to present at the The 3rd International Symposium on Chronic Fatigue Syndrome, Long COVID and Post-Infection Syndromes in Serbia at the Institute for Cardiovascular Diseases “Dedinje” in Belgrade, Serbia.

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PPIE: Voices Shaping Research

Invest in ME Research has formed a Patient and Public Involvement and Engagement (PPIE) patient advisory group to support research in UK and Europe in which the charity is involved. The group is already involved in two research applications and is working with our European

ME Alliance partners within the EMEA PPIE-patient advisory group.

If you are you interested in helping us supporting research then [contact us](#).



Parliament Debate

Our briefing to UK parliamentarians was submitted for the 19 November debate. Sadly, we received no reply and neither did it get specifically mentioned - though several points we had forwarded did seem to have been included in the debate.

The submission is here -

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#BRMEC15 Colloquium for Researchers

20 years of international ME research

Our fifteenth Biomedical Research into ME Colloquium on 27-29 May 2026 already has a great collection of international researchers attending.

We hope that we will have news at the event of new collaborations and projects from the ongoing work of the charity and our partners.

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EMEA News

Marking International Day of Disabilities -with our colleagues in EMEA we gave this to highlight the situation for people with ME.

Building disability-inclusive Europe means acknowledging “invisible” conditions such as #mecfs Ensuring policies, funding, services reflect that reality

[Genuine disability-inclusive societies ensure no one is left behind!](#)

[Read More](#)

Twenty Years Investing in ME

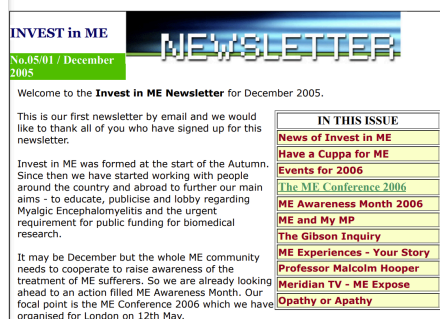
Twenty years ago we published our first newsletter.

Although sometimes it can be nice to reminisce, it is quite disappointing that more progress has not been made - though not for want of trying.

Back in December 2005 Invest in ME Research (named Invest in ME in those days) was discussing -

- our first International ME Conference in London that was being organised
- our efforts to increase collaboration amongst those sharing similar intent and proposing an ME Awareness Month, instead of just one day
- a series of TV programmes that we were assisting - ‘conveying the suffering and lack of action regarding ME’

Newsletter December 2005



- and the Gibson Inquiry into ME

We also had a “ME and My MP” campaign - an attempt to inform MPs of the issues with ME. Quite ironic when one sees our parliamentary briefing attempt above trying to do the same thing twenty years later.

“History never repeats itself, but it rhymes” -
Mark Twain

[Read more](#)



Invest in ME Research is a charity of volunteers - but working continuously to improve the research, treatment and perception of myalgic encephalomyelitis (ME). We welcome support to continue our efforts to advance research and European and international collaboration into this disease.



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